



## Health and Personal Habits

All children must be toilet trained and able to assist themselves in the bathroom. All staff and children will follow the NAEYC guideline 5A.19 for hand washing.

The State of Connecticut (statutes sections 19a-79-5a (2) A-E requires the school to have a current health certificate which includes proof of immunization\* and is properly completed and signed by a licensed physician, in our files for every student prior to the first official day of school. A copy of the Health Record Form is available under 'forms' on the Family Resources tab. Health Certificates are good for a period of one year from the date of examination. Per State of Connecticut guidelines, a flu shot is required for students 24 to 59 months of age. Click the following link for more information on the required age-appropriate child immunizations. [Child Care and Youth Camps Immunization Requirements](#)

*\* Children without required immunizations will not be able to attend school during a vaccine-preventable disease outbreak in the school. Children excluded from school for this reason will not be able to return to school until (1) the danger of the outbreak has passed as determined by public health officials, (2) the child becomes ill with the disease and completely recovers, or (3) the child is immunized.*

Prior to the start of each school year, student required medication must be provided to the Pre-School Office along with written orders from an authorized prescriber and all required documentation. Doctor orders and medications are reviewed by all relevant staff members and logged prior to safe storage. Emergent first line of defense student medications, with corresponding directions for use, are out of reach of students yet stay with the student throughout the building during the school day. All other student medications not deemed first line of defense medications are stored in a locked container in the Pre-School Office or refrigerator, inaccessible to children. Student allergies will

be posted in the student's classroom, the pre-school office and school kitchen, with parent permission.

Please do not send your child to school with a fever, sore throat, or other suspicious symptom. If your child develops a contagious disease, please inform our office immediately, so that other children in his/her class and throughout the school can be watched for symptoms. **We request that you call the office if your child will not be attending school, for any reason.**

### **Return to School After Illness**

#### **If your child has had:**

#### **He/She may return to school:**

Chicken Pox

...when blisters crust and are dry

Fever

...fever free (<100F) for 24 hours

Pink Eye

...24 hours on medication

Strep Throat

...24 hours on medication

Flu or Cold

...3 days after last symptoms

Diarrhea, vomiting

...24 hours after last episode

Covid

... Refer to current Covid protocols

( <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>)

### **Safety**

All staff are fully trained every 2 years in Infant/Child CPR and First Aid as required by CT Early Childhood licensing. In addition, staff are trained in the Administration of Medication annually. We will work closely with families of children with allergies or special needs to establish an Individual Plan of Care. Our medical consultant meets 3 times per year to review our policies and procedures and to tour the school for appropriate suggestions and necessary changes. Whenever possible we utilize green compliant fragrance-free cleaning supplies.